



ASPIRE: Lifeskills Learning Centre

16 -19 Purple Curriculum Pathway

Ks5	Autumn Term		Spring Term		Summer	
Focus	Personal Awareness		My Role as A Citizen		Active Citizens	
Theme	All About Me	Eating for Health	Values and Beliefs	Money Management	Supermarket Study	Expressing Identity
Cycle 1 - Curriculum Coverage	LIFE SKILLS FOR LIVING Basic Internet Safety Cert Shopping for a Purpose Shop-Cook-Eat	LIFE SKILLS FOR LIVING Basic Food Hygiene Cert Shopping for a Purpose Shop-Cook-Eat	LIFE SKILLS FOR LIVING Travel Training Cert Shopping for a Purpose Shop-Cook-Eat	LIFE SKILLS FOR LIVING Basic Home Maintenance Cert Shopping for a Purpose Shop-Cook-Eat	LIFE SKILLS FOR LIVING Basic Leadership Cert Shopping for a Purpose Shop-Cook-Eat	LIFE SKILLS FOR LIVING Basic Leadership Cert Shopping for a Purpose Shop-Cook-Eat
	PSD My body, my choices, how I change, my school life.	PSD My healthy Diet, my kitchen skills, my independence, my practical skills.	PSD My sense of self, my influences, my morals, values and beliefs, developing my self-esteem, my learning development.		PSD/SRE My body, my sense of self, my morals, values and beliefs, my loving respectful relationships,	PSD/Drugs Awareness My body and effect of drugs, my legal drugs, my understanding of illegal substances – Focus on Alcohol
	CITIZENSHIP/E-Safety My mobile phone, social networking and internet safety.	CITIZENSHIP/British Values My understanding of religions, my festival understanding, Chinese New Year and Halloween.				CITIZENSHIP My influences and identity, my participation in school and community
			INDEPENDENT LIVING My plan to walk to local places, my familiarity with maps and using public transport.	INDEPENDENT LIVING My money and uses, paying and checking my bills, my cleaning costs, my meal costs.		
					EMPLOYABILITY & WRL My employment ideas, my contribution to society, my knowledge of jobs	EMPLOYABILITY & WRL Plan and run a school trip
	LEISURE & INTERESTS Personalised Opportunities	LEISURE & INTERESTS Personalised Opportunities	LEISURE & INTERESTS Personalised Opportunities	LEISURE & INTERESTS My leisure choices at home, my leisure choices locally	LEISURE & INTERESTS Personalised Opportunities	LEISURE & INTERESTS Personalised Opportunities
Cycle 2 - Curriculum Coverage	LIFE SKILLS FOR LIVING Basic Internet Safety Cert Shopping for a Purpose Shop-Cook-Eat	LIFE SKILLS FOR LIVING Basic Food Hygiene Cert Shopping for a Purpose Shop-Cook-Eat	LIFE SKILLS FOR LIVING Travel Training Cert Shopping for a Purpose Shop-Cook-Eat	LIFE SKILLS FOR LIVING Basic Home Maintenance Cert Shopping for a Purpose Shop-Cook-Eat	LIFE SKILLS FOR LIVING Basic Leadership Cert Shopping for a Purpose Shop-Cook-Eat	LIFE SKILLS FOR LIVING Basic Leadership Cert Shopping for a Purpose Shop-Cook-Eat
	PSD My body, my choices, how I change, my learning and family	PSD My healthy family diet, parenting skills, roles and responsibilities, how my family needs change	PSD My sense of self, morals, values and beliefs, my challenging relationships, my management of body, mind and behaviour	PSD	PSD/SRE My reproductive ability, my relationship influences, my strategies for my changing body, mind and behaviour, my quality friendships,	PSD/Drugs Awareness My body and effect of drugs, my legal drugs, my understanding of illegal substances – Focus on Smoking
	CITIZENSHIP/E-Safety My mobile phone, social networking and internet safety	CITIZENSHIP/British Values My and other families celebrations, my festival understanding, harvest and Diwali celebrations	CITIZENSHIP	CITIZENSHIP	CITIZENSHIP	CITIZENSHIP My human rights, my conflict management, my understanding of exclusion, my understanding of racism and stereotyping
	INDEPENDENT LIVING	INDEPENDENT LIVING	INDEPENDENT LIVING My plan to take the bus to xxx and get home, My familiarity with timetables costs	INDEPENDENT LIVING My energy use, my energy saving, my energy choices, my energy costs, my clean house, my meal planning	INDEPENDENT LIVING	INDEPENDENT LIVING
	EMPLOYABILITY & WRL	EMPLOYABILITY & WRL	EMPLOYABILITY & WRL	EMPLOYABILITY & WRL	EMPLOYABILITY & WRL My skills and targets, my presenting skills, my plans for work, my enterprise ideas	EMPLOYABILITY & WRL Plan, set up and run a Market stall
	LEISURE & INTERESTS Personalised Opportunities	LEISURE & INTERESTS Personalised Opportunities	LEISURE & INTERESTS Personalised Opportunities	LEISURE & INTERESTS My leisure choices at home, my leisure choices visiting local events	LEISURE & INTERESTS Personalised Opportunities	LEISURE & INTERESTS Personalised Opportunities

Confident Individuals

Responsible Citizen

Successful Learner

Effective Contributor



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	My Choices Now	Stop the Rot	Being happy with who I am	Spick and Span	Preparation Occupation	Nothing is wrong with rights
Cycle 3 - Curriculum Coverage	<u>LIFE SKILLS FOR LIVING</u> Basic Internet Safety Cert Shopping for a Purpose Shop-Cook-Eat	<u>LIFE SKILLS FOR LIVING</u> Basic Food Hygiene Cert Shopping for a Purpose Shop-Cook-Eat	<u>LIFE SKILLS FOR LIVING</u> Travel Training Cert Shopping for a Purpose Shop-Cook-Eat	<u>LIFE SKILLS FOR LIVING</u> Basic Home Maintenance Cert Shopping for a Purpose Shop-Cook-Eat	<u>LIFE SKILLS FOR LIVING</u> Basic Leadership Cert Shopping for a Purpose Shop-Cook-Eat	<u>LIFE SKILLS FOR LIVING</u> Basic Leadership Cert Shopping for a Purpose Shop-Cook-Eat
	<u>PSD</u> My choices for the future, how I change, my learning and work	<u>PSD</u> My healthy diet, my Safe food storage, my consumer choices, consumer rights and my responsibilities	<u>PSD</u> My emotional and mental health, my loving relationships, my conflict resolution, my quality friendships	<u>PSD</u>	<u>PSD/SRE</u> My inherited characteristics, my strategies in challenging relationships, my sexual maturation, my changing family and friends needs	<u>PSD/Drugs Awareness</u> My body and effect of drugs, my legal drugs, my understanding of illegal substances – Focus on Illegal substances
	<u>CITIZENSHIP/E-Safety</u> My mobile phone, social networking and internet safety	<u>CITIZENSHIP/British Values</u> My community and country celebrations, my festival understanding, Christmas, Easter and Ramadan celebrations	<u>CITIZENSHIP</u>	<u>CITIZENSHIP</u>	<u>CITIZENSHIP</u>	<u>CITIZENSHIP</u> My human rights, my equality and social justice, my rights in society, my democratic choices
	<u>INDEPENDENT LIVING</u>	<u>INDEPENDENT LIVING</u>	<u>INDEPENDENT LIVING</u> My plan to take a complex journey involving a train. My familiarity with hotels.	<u>INDEPENDENT LIVING</u> My clean house, my waste management, my environmental choices, my energy conservation, my money saving choices	<u>INDEPENDENT LIVING</u>	<u>INDEPENDENT LIVING</u>
	<u>EMPLOYABILITY & WRL</u>	<u>EMPLOYABILITY & WRL</u>	<u>EMPLOYABILITY & WRL</u>	<u>EMPLOYABILITY & WRL</u>	<u>EMPLOYABILITY & WRL</u> My employment issues, my ideas and innovations, my community business knowledge, my own business ideas	<u>EMPLOYABILITY & WRL</u> Community volunteering
	<u>LEISURE & INTERESTS</u> Personalised Opportunities	<u>LEISURE & INTERESTS</u> Personalised Opportunities	<u>LEISURE & INTERESTS</u> Personalised Opportunities	<u>LEISURE & INTERESTS</u> My leisure choices at home, my leisure choices for a day out	<u>LEISURE & INTERESTS</u> Personalised Opportunities	<u>LEISURE & INTERESTS</u> Personalised Opportunities

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